

# MENU

## THE PLOUGH INN



Please bear in mind that our food is not 'fast food'; most items are prepared/cooked to order. If you have a dietary restriction, please discuss it with us before ordering.

### STARTERS

<b>Pate</b> , smooth chicken liver, chutney, melba toast (gfo)	£7
<b>Halloumi Fries</b> , sweet chilli sauce, dressed garnish (gf/v)	£7
<b>Creamy Garlic Mushrooms</b> , warm bread (v/dfo/gfo/vgno)	£7
<b>Breaded Haggis</b> , meat (gf) or veggie (vgn), apple sauce, dressed garnish	£7
<b>Breaded Butterflied King Prawns</b> , garlic mayonnaise, dressed garnish (df)	£8
<b>King Prawn Cocktail</b> , King prawns in seafood sauce, shredded lettuce, buttered bread (dfo/gfo)	£8.50

### TRADITIONAL SUNDAY ROAST

small/regular £13/£17  
(Sunday from 12.30pm)

**Choice of:**

Roast Meat (gf) or Vegetarian Haggis or Vegetarian Sausages (vgn)

**Served with:**

Roast Potatoes, Roast Parsnip, Yorkshire Pudding (gf), Cauliflower Cheese (gf), Medley of Vegetables and

Gravy (gf/vgno), served separately

### MAINS - FISH & MEAT

<b>Fish &amp; Chips</b> , Haddock, from Ross Dougal of Eyemouth, beer-battered, garden or mushy peas or dressed salad (gf/df)	£15
<b>Scampi &amp; Chips</b> , 6 pieces/12 pieces, garden or mushy peas or dressed salad (df)	£9/£14
<b>Sarah's Lasagne</b> , dressed salad garnish	£13
<b>Sarah's Beef Chilli</b> (spicy), rice, tortilla chips (df)	£14
<b>Griddled Butterflied Chicken Breast</b> , plain or Cajun, rice, dressed salad (gf/df)	£15
<b>Homemade Burger</b> (gf), with/without bun (gfo), chips, dressed salad	£15
- Beef, bacon, Doddington Dairy's Darling Blue or Cheddar	
- Beef, lettuce, tomato, red onion	
- Butterflied Chicken Breast, plain or Cajun, lettuce, tomato, mayo (dfo)	
<b>Lamb Shank</b> in minted gravy, mash, fresh vegetables	£23
<b>Sausage &amp; Mash</b> , garden or mushy peas, onion gravy (gf/dfo)	£14
<b>Pie &amp; Mash</b> , handmade pie from Jarvis Pickle of Eyemouth, garden or mushy peas, gravy	£14
<b>Flavours:</b> Chicken & Leek; Pork & Blue Cheese; Steak & Kidney	

### MAINS - VEGETARIAN & VEGAN

<b>Penne Arrabiatta</b> , homemade tomato, basil and chilli sauce (vgn/gfo)	£11
<b>Penne with Pesto</b> (v/gfo/vgno)	£11
<b>Omelette</b> , one filling, chips, dressed salad	£13
<b>Choices:</b> cheese, mushroom, tomato (v/gf/dfo)	
<b>Beetroot &amp; Goats Cheese Salad</b> , dressed salad leaves, baby plum tomatoes, cucumber, peas, radish (gf/v)	£14
<b>Veggie 'Fish' &amp; Chips</b> , Halloumi, beer-battered, garden or mushy peas or dressed salad, sweet chilli sauce (gf/v)	£15
<b>'Cheeseburger'</b> , plant-based burger, with/without bun, plant-based 'cheese', lettuce, red onion, tomato, plant-based 'mayo', chips, dressed salad (vgn/gfo)	£14
<b>Halloumi Burger</b> , griddled Halloumi cheese, pan-fried tomato and mushroom, with/without bun, chips, dressed salad (v/gfo)	£14
<b>Sausage &amp; Mash</b> , garden or mushy peas, onion gravy (v/vgno/dfo)	£14
<b>Pie &amp; Mash</b> – handmade pie from Jarvis Pickle of Eyemouth, garden or mushy peas, gravy	
<b>Flavours:</b> Spinach & Goats Cheese (v); Cauliflower Curry w cashews (vgn); Mushroom & Chestnut (vgn)	

### SIDES (with Mains)

<b>House salad</b> , dressed (vgn/gf/df)	£4.50	<b>Onion rings</b> , battered (vgn)	£4.50
<b>Medley of fresh vegetables</b> (vgn/gf/df)	£5	<b>Bowl of chips or fries</b> , lightly seasoned (vgn/gf/df)	£4.50

(df) dairy free (dfo) dairy free option available (gf) gluten-free (gfo) gluten-free option available  
(v) vegetarian (vgn) vegan (vgno) vegan option available  
All subject to availability. Correct as at 1 December 2024.

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### PUDDINGS

<b>Fay's Fabulous Sticky Toffee Pudding</b> , cream or ice cream (gf)	£7
<b>Apple Pie</b> and custard	£7
<b>Meringue</b> , fresh berries, cream (gf/v/dfo)	£7
<b>Trillionaire's Tart</b> , soya cream (df/gf/vgn)	£7
<b>Chocolate Brownie</b> , cream or ice cream (gf)	£6.50
<b>Chocolate Fudge Cake</b> , cream or ice cream	£6.50
<b>Buttermilk Pancakes</b> , blueberries, maple syrup	£6.50
<b>Add</b> cream or ice cream	£1.75
<b>Affogato</b> , a scoop of Doddington Dairy's vanilla ice cream with an Espresso on the side to pour over (gf)	£6
<b>Add</b> a liqueur	£4
<b>Sorbet</b> , 2 scoops, Doddington Dairy (df/gf/vgn)	£6
<b>Flavours:</b> Black Cherry, Mango, Raspberry	
<b>Ice Cream</b> from Doddington Dairy (gf)	
1 scoop	£3.75
Each additional scoop	£1.75
<b>Flavours:</b> Caramel with Sea Salt, Chocolate, Double Ginger, Lemon Meringue, Strawberry, Vanilla	
<b>Cheeseboard</b>	
Three cheeses, grapes, chutney, biscuits or gluten-free oatcakes	£10

### HOT DRINKS

<b>Pot of Tea</b>	
For One	£2.50
For Two	£4.50
<b>Flavours:</b> Breakfast (regular & decaffeinated), Assam, Earl Grey, Lady Grey, Lapsang Souchong, Camomile, Green, Peppermint	
<b>Hot Water with lemon slices</b>	£1
<b>Bovril</b>	£1
<b>Hot Chocolate</b>	£3.50
<b>Americano</b> , black	£2.50
<b>Add</b> milk, cold or hot	£0.30
<b>Cappuccino</b>	£3.00
<b>Double Espresso</b>	£2.50
<b>Flat White</b>	£3.00
<b>Latte</b>	£3.00
<b>Add</b> syrup – Caramel; Gingerbread; Hazelnut	£0.50
<b>Cordata Condensata</b>	
Espresso with equal measure of condensed milk	£3.50
<b>Liqueur Coffees</b>	
Barraquito (Licor 43, condensed milk)	£7.50
Calypso Coffee (Tia Maria)	£8
Friar's Coffee (Frangelico)	£8.50
Gaelic Coffee (Grouse)	£7.50
Irish Coffee (Jameson)	£7.50

**Note:** All our coffees are double shot. Please ask for a single shot if that is your preference.

We use organic semi-skimmed milk. Soya milk is also available.