

THE PLOUGH INN



Breakfast Menu

served

Monday-Friday 7-9am

Saturday-Sunday 8-9.30am

Please discuss any dietary requirements with us before ordering.
We cook to order so there is likely to be a wee wait.

There is fruit juice, cereal and yoghurt on the Dresser; please help yourself.

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### Tea

Breakfast, Earl Grey, Lady Grey, Chamomile, Peppermint, Decaffeinated

### Coffee

Freshly Ground Beans or Decaffeinated

### Hot Chocolate

The milk is organic semi-skimmed. Please ask if you would prefer full fat or soya.

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Toast

Wholemeal, White or Gluten-Free

If you would like jam, marmalade, peanut butter, Marmite or honey please ask.

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### Porridge (gf/v/vgno)

made with milk, topped with fresh berries & maple syrup

### Bap or Sandwich (gfo)

Bacon, Sausage, Fried Egg or Black Pudding

### On Toast (v/vgno/gfo)

Mushroom and Baby Plum Tomato, pan-fried  
Eggs, scrambled or poached

### Buttermilk Pancake Stack and Maple Syrup

served with blueberries or streaky bacon

### Scottish Breakfast

Haggis, Black Pudding, Bacon, Sausage, Tomato, Mushroom,  
Egg (fried, scrambled or poached)

### Vegetarian Scottish Breakfast (v)

Vegetarian Haggis, Halloumi Cheese, Vegetarian Sausage,  
Tomato, Mushroom, Egg (fried, scrambled or poached)

(v) vegetarian (vgn) vegan (vgno) vegan option (gf) gluten-free (gfo) gluten-free option  
As at 9 November 2022 and always subject to availability..