

MENU

THE PLOUGH INN



Please bear in mind that our food is not 'fast food'; most items are prepared/cooked to order. If you have a dietary restriction, please discuss it with us before ordering.

NIBBLES

Ciabatta with pesto dip (v) or oil & vinegar (vgn)	£4
Olives , marinated (gf/vgn)	£4

STARTERS

Halloumi Fries , sweet chilli sauce, dressed garnish (v/gf)	£7
Creamy Garlic Mushrooms , warm bread (v/vgno/gfo/dfo)	£7
Grilled Goat's Cheese , dressed leaves, walnut, pear (v/gf)	£8.50
King Prawn Cocktail , King prawns in seafood sauce, shredded lettuce, buttered bread (gfo/dfo)	£8.50

THURSDAY, FRIDAY & SATURDAY 12-2pm

The Plough's Ploughman – bread, ham or cheddar, hard-boiled egg, pickles, salad	£10
Scottish Breakfast Buttered toast, mug of tea or coffee, pan-fried mushrooms and tomatoes, Egg (fried or scrambled) and...	£13
... Meat-eater : Bacon (gf), Sausage (gf), Haggis, Black Pudding	
... Vegetarian : Griddled Halloumi (gf), Veggie Sausage, Veggie Haggis	
Omelette , 3 eggs, one filling, dressed salad	£8
Choices : cheese, chicken, mushroom	
Ciabatta , crisps	£7
Choices : Bacon; Sausage, pork or vegetarian (v); Sweet Chilli Chicken; Brie & Cranberry (v); Cheddar & Pickle (v)	

TRADITIONAL SUNDAY ROAST

small/regular (Sunday from 12.30pm)	£11/£15
Choice of Roast Meat (gf) or Vegetarian Haggis (vgn)	
Served with: Roast Potatoes, Roast Parsnip, Homemade Yorkshire Pudding (gf), Cauliflower Cheese (gf), Medley of Vegetables, and Gravy (gf/vgno), served separately	

MAINS - FISH & MEAT

Fish & Chips , Haddock, beer-battered or breaded, garden or mushy peas or dressed salad (gf)	£15
Poached Haddock , poached egg, mash, tenderstem broccoli (gf)	£17
Scampi & Chips , 6 pieces/12 pieces, garden or mushy peas or dressed salad	£9/£14
Lasagne , dressed garnish	£13
Beef Chilli , rice, tortilla chips	£14
Burger (gf), with/without bun (gfo), chips, dressed salad	£15
- Butterflied Chicken Breast, plain or Cajun, lettuce, tomato, mayo	
- Beef, bacon, blue cheese or cheddar	
- Beef, lettuce, tomato, red onion	
Lamb Shank in minted gravy, mash, fresh vegetables	£23
Sausage & Mash , garden or mushy peas, onion gravy (gf/dfo)	£14
Pie & Mash/Chips , handmade pie from Jarvis Pickle of Eyemouth, garden or mushy peas, gravy	£14
Flavours : Chicken & Leek; Pork & Blue Cheese; Steak & Kidney	

MAINS - VEGETARIAN & VEGAN

Beetroot & Goats Cheese Salad , dressed salad leaves, baby plum tomatoes, cucumber, peas, radish (v/gf)	£13
Veggie 'Fish' & Chips , Halloumi, beer-battered, garden or mushy peas or dressed salad, sweet chilli sauce (v/gf)	£14
'Cheeseburger' , plant-based burger, with/without bun, plant-based 'cheese', lettuce, red onion, tomato, plant-based 'mayo', chips, dressed salad (vgn/gfo)	£15
Halloumi Burger , griddled Halloumi cheese, pan-fried tomato and mushroom, with/without bun, chips, dressed salad (v/gfo)	£14
Sausage & Mash , garden or mushy peas, onion gravy (v/vgno/dfo)	£14
Pie & Mash/Chips – handmade pie from Jarvis Pickle of Eyemouth, garden or mushy peas, gravy	£14
Flavours : Spinach & Goats' Cheese (v); Mushroom & Chestnut (vgn); Cauliflower Curry (vgn)	
Penne Arrabiatta , tomato, basil and chilli sauce (vgn/gfo)	£11

SIDES

House salad , dressed (vgn/gf/df)	£4.50
Bowl of chips or fries (vgn/gf/df)	£4.50
Onion rings , battered (vgn)	£4.50
Garlic Bread (v/vgno)	£4.50
Medley of fresh vegetables (vgn/gf/df)	£5

(v) vegetarian (vgn) vegan (vgno) vegan option available (gf) gluten-free (gfo) gluten-free option available
(df) dairy free (dfo) dairy free option available

All subject to availability. Correct as at 25 April 2024.

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PUDDINGS

Fay's Fabulous Sticky Toffee Pudding (gf), cream or ice cream	£7
Apple Pie and custard	£7
Caramel Apple Cake and custard	£7
Meringue (v/gf/dfo), fresh berries, cream	£7
Buttermilk Pancakes , blueberries, maple syrup Add cream or ice cream	£6.50 £1.75
Chocolate Brownie (gf), cream or ice cream	£6.50
Chocolate Fudge Cake , cream or ice cream	£6.50
Affogato (gf), a scoop of Doddington Dairy's vanilla ice cream with an Espresso on the side to pour over Add a liqueur	£6 £4
Sorbet (vgn/gf/df), 2 scoops, from Doddington Dairy Flavours: Mango, Raspberry, Cherry	£6
Ice Cream from Doddington Dairy 1 scoop Each additional scoop Flavours: Caramel with Sea Salt, Chocolate, Double Ginger, Lemon Meringue, Strawberry, Vanilla	£3.75 £1.75
Cheeseboard Three cheeses, grapes, chutney, biscuits or gluten-free oatcakes	£10

HOT DRINKS

Pot of Tea For One	£2.50
For Two	£4.50
Flavours: Breakfast (regular & decaffeinated), Assam, Earl Grey, Lady Grey, Lapsang Souchong, Camomile, Green, Peppermint	
Hot Water with lemon slices	£1
Bovril	£1
Hot Chocolate	£3.50
Americano , black	£2.50
Add milk, cold or hot	£0.30
Cappuccino	£3.00
Double Espresso	£2.50
Flat White	£3.00
Latte	£3.00
Add syrup – Hazelnut; Caramel; Gingerbread	£0.50
Cordata Condensata Espresso with equal measure of condensed milk	£3.50
Liqueur Coffees	
Barraquito (Licor 43, condensed milk)	£7.50
Gaelic Coffee (Grouse)	£7.50
Irish Coffee (Jameson)	£7.50
Friar's Coffee (Frangelico)	£7.50
Calypso Coffee (Tia Maria)	£7.50

Note: All our coffees are double shot. Please ask for a single shot if that is your preference.

We use organic semi-skimmed milk. Soya milk is also available.

CHILD'S MENU

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STARTERS

Hummus, carrot and cucumber sticks (vgn/gf/df)	£3
Pitta Bread Margherita, tomato sauce, cheese (v)	£3
Halloumi Fries, ketchup (v/gf)	£3

MAINS

Fish Fingers, fries, cucumber, tomato	£5
Sausage & Mash, pork (gf) or vegetarian (v), garden peas	£5
Chicken Goujons, fries, cucumber, tomato (gf)	£5
Beef Burger, fries (gfo)	£4.50
Add cheddar	£0.50

PUDDINGS

Chocolate Brownie and vanilla ice cream (v/gf)	£3
Fresh Berries and vanilla ice cream (v/gf)	£3
Sorbet from Doddington Dairy, 1 scoop (vgn/gf)	£1.75
Flavours: Mango, Raspberry	
Ice Cream from Doddington Dairy, 1 scoop (v/gf)	£1.75
Flavours: Chocolate, Strawberry, Vanilla	

DRINKS

Milk	£1
Fruit Juice	£0.65
Squash	£0.60
Hot Chocolate	£2.50

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(df) dairy-free (dfo) dairy-free option available

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THE PLOUGH INN



Italian Night Thursdays 5.30-8pm

Antipasto

Olives, marinated	£4
Ciabatta, Balsamic vinegar, Olive oil (v/df)	£4
Ciabatta, dipping Pesto	£4
Garlic Bread (v) Toasted Ciabatta with Garlic Butter	£4.50
Add Cheese	£1
Sharing Platter	£13
Italian meat, cheese, olives, sun-dried tomato, Peppadew pepper, artichoke, ciabatta	
Insalata Caprese (v/gf)	£6.50
Mozzarella, Tomato and Basil Salad	
Tonno e Fagioli (gf/df)	£7
Tuna, Onion and Cannellini Beans, dressed, on a bed of Lettuce	
King Prawn Cocktail	£8.50
King Prawns in seafood sauce, shredded lettuce, buttered bread (gfo)	

Pasta

Lasagna – Sarah's beef & pork lasagne, dressed garnish	£12
Choose your pasta - Penne or Spaghetti - and homemade sauce:	
Aratro – Italian meatballs & tomato sauce	£14
Arrabiatta – tomato, chilli & basil sauce (vgn)	£11
Carbonara – pancetta, cheese & egg sauce	£14
Chicken & Nduja – chicken & spicy Italian sausage in creamy sauce	£14
Creamy Garlic Mushrooms (v/vgno)	£13

Carné

Pollo Kiev	£17
Homemade breaded chicken breast stuffed with garlic butter, fries, tenderstem broccoli (gf)	
Pork Escalope	£16
Homemade breaded escalope, tomato sauce, dressed garnish, rice or fries (gf) or spaghetti (gfo)	

Pizza

Thin-crust Stone-baked Pizza/Calzone	£8/£9
Homemade base with homemade tomato sauce and cheese	
Additional topping choices:	Each
Meat	£1
Bacon, chicken, ham, Italian meatballs, pepperoni, spicy beef	
Fish	£1
Anchovy, prawns, tuna	
Cheese	90p
Blue, Goats'	
Vegetables	75p
Mushroom, pepper, red onion, tomato, black olives, capers, jalapenos	

Insalata (side)

Mixed	£5
Dressed leaves, baby plum tomato, cucumber, black olive, radish (gf/vgn/df)	
Tomato & Onion	£5
Baby plum tomato, red onion and basil with balsamic dressing (gf/vgn/df)	

Dolce

Tiramisu	£7
Homemade classic Italian dessert (v)	
Affogato al Caffè	£6
A scoop of vanilla ice cream served with an espresso coffee to pour over (gf/v)	
Italian Liqueur Coffee	£7.50
Amaretto, coffee, cream	

Feel free to choose from the puddings on the Main Menu

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THE PLOUGH INN



Residents' Breakfast Menu

served in our Snug

Monday-Friday 7-9am

Saturday-Sunday (& Public Holidays) 8-9.30am

Please discuss any dietary requirements with us before ordering.

We cook to order so there is likely to be a wee wait.

There is fruit juice, cereal and yoghurt on the Dresser; please help yourself.



Tea

Breakfast, Earl Grey, Lady Grey, Chamomile, Peppermint, Decaffeinated

Coffee

Freshly Ground Beans or Decaffeinated

Hot Chocolate

The milk is organic semi-skimmed. Please ask if you would prefer full fat or soya.



Toast

Wholemeal, White or Gluten-Free

If you would like jam, marmalade, peanut butter, Marmite or honey please ask.



Porridge (gf/v/vgno)

made with milk, topped with fresh berries & maple syrup

Bap or Sandwich (gfo)

Bacon, Sausage, Fried Egg or Black Pudding

On Toast (v/vgno/gfo)

Mushroom and Baby Plum Tomato, pan-fried
Eggs, scrambled or poached

Buttermilk Pancake Stack and Maple Syrup

served with blueberries or streaky bacon

Scottish Breakfast

Haggis, Black Pudding, Bacon, Sausage, Tomato, Mushroom,
Egg (fried, scrambled or poached)

Vegetarian Scottish Breakfast (v)

Vegetarian Haggis, Halloumi Cheese, Vegetarian Sausage,
Tomato, Mushroom, Egg (fried, scrambled or poached)