

# MENU

## THE PLOUGH INN



Please bear in mind that our food is not 'fast food'; most items are prepared/cooked to order. If you have a dietary restriction, please discuss it with us before ordering.

### NIBBLES

<b>Ciabatta</b> with pesto dip (v) or oil & vinegar (vgn)	£4
<b>Olives</b> , marinated (gf/vgn)	£4

### STARTERS

<b>Halloumi Fries</b> , sweet chilli sauce, dressed garnish (v/gf)	£7
<b>Creamy Garlic Mushrooms</b> , warm bread (v/vgno/gfo/dfo)	£7
<b>Soup</b> , warm bread (v/df/gfo)	£6.50
<b>Pate</b> , melba toast, dressed garnish (gfo)	£7
<b>King Prawn Cocktail</b> , King prawns in seafood sauce, shredded lettuce, buttered bread (gfo/dfo)	£8.50
<b>Baked Camembert</b> (to share?), maple syrup and herbs with bread (v)	£9

### SATURDAY 12-2pm

<b>Scottish Breakfast</b>	£13
Buttered toast, mug of tea or coffee, pan-fried Mushrooms and Tomatoes, Egg (fried or scrambled) and... ... <u>Meat-eater</u> : Bacon, Sausage, Haggis, Black Pudding ... <u>Vegetarian</u> : Griddled Halloumi, Veggie Sausage, Veggie Haggis	
<b>Omelette</b> , 3 eggs, one filling, dressed salad	£8
<b>Choices</b> : cheese, chicken, mushroom	
<b>Ciabatta</b> , crisps	£7
<b>Choices</b> : Bacon, Sausage; Pate & Salad leaves; Brie & Cranberry (v); Cheddar & Beetroot (v)	

### TRADITIONAL SUNDAY ROAST

<b>small/regular</b>	£11/£15
(Sunday from 12.30pm)	
Choice of Roast Meat (gf) or Vegetarian Haggis (vgn)	
Served with: Roast Potatoes, Roast Parsnip, Homemade Yorkshire Pudding (gf), Cauliflower Cheese (gf), Medley of Vegetables, and Gravy (gf/vgno), served separately	

### MAINS - FISH & MEAT

<b>Fish &amp; Chips</b> , Haddock, beer-battered or breaded, garden or mushy peas or dressed salad (gf)	£15
<b>Poached Haddock</b> , poached egg, mash, tenderstem broccoli (gf)	£17
<b>Scampi &amp; Chips</b> , 6 pieces/12 pieces, garden or mushy peas or dressed salad	£9/£14
<b>Lasagne</b> , dressed garnish	£13
<b>Beef Chilli</b> , rice, tortilla chips	£13
<b>Chicken Curry</b> , Korma-style, mild or spicy, pilau rice, naan	£14
<b>Burger</b> (gf), with/without bun (gfo), chips, dressed salad	£15
- Butterflied Chicken Breast, plain or Cajun, lettuce, tomato, mayo	
- Beef, bacon, blue cheese or cheddar	
- Beef, lettuce, tomato, red onion	
<b>Lamb Shank</b> in minted gravy, mash, fresh vegetables	£23
<b>Sausage &amp; Mash</b> , garden or mushy peas, onion gravy (gf/dfo)	£14
<b>Pie &amp; Mash/Chips</b> , handmade pie from Jarvis Pickle of Eyemouth, garden or mushy peas, gravy	£14
<b>Flavours</b> : Chicken & Leek; Steak & Kidney	

### MAINS - VEGETARIAN & VEGAN

<b>Veggie 'Fish' &amp; Chips</b> , Halloumi, beer-battered, garden or mushy peas or dressed salad, sweet chilli sauce (v/gf)	£14
<b>'Cheeseburger'</b> , plant-based burger, with/without bun, plant-based 'cheese', lettuce, red onion, tomato, plant-based 'mayo', chips, dressed salad (vgn/gfo)	£15
<b>Halloumi Burger</b> , griddled Halloumi cheese, pan-fried tomato and mushroom, with/without bun, chips, dressed salad (v/gfo)	£14
<b>Vegetarian Curry</b> , Korma-style, mild or spicy, pilau rice, naan (v)	£14
<b>Sausage &amp; Mash</b> , garden or mushy peas, onion gravy (v/vgno/dfo)	£14
<b>Pie &amp; Mash/Chips</b> – handmade pie from Jarvis Pickle of Eyemouth, garden or mushy peas, gravy	£14
<b>Flavours</b> : Spinach & Goats' Cheese (v); Mushroom & Chestnut (vgn); Cauliflower Curry (vgn)	

### SIDES

<b>House salad</b> , dressed (vgn/gf/df)	£4.50
<b>Bowl of chips</b> or <b>fries</b> (vgn/gf/df)	£4.50
<b>Onion rings</b> , battered (vgn)	£4.50
<b>Medley of fresh vegetables</b> (vgn/gf/df)	£5

(v) vegetarian (vgn) vegan (vgno) vegan option available (gf) gluten-free (gfo) gluten-free option available  
(df) dairy free (dfo) dairy free option available

All subject to availability. Correct as at 1 February 2024.

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### PUDDINGS

<b>Fay's Fabulous Sticky Toffee Pudding</b> (gf), cream or ice cream	£7
<b>Apple Pie</b> and custard	£7
<b>Meringue</b> (v/gf/dfo), fresh berries, cream	£7
<b>Buttermilk Pancake Stack</b> , two pancakes, blueberries, maple syrup <b>Add</b> cream or ice cream	£6.50 £1.75
<b>Chocolate Brownie</b> (gf), cream or ice cream	£6.50
<b>Chocolate Fudge Cake</b> , cream or ice cream	£6.50
<b>Affogato</b> (gf), a scoop of Doddington Dairy's vanilla ice cream with an Espresso on the side to pour over <b>Add</b> a liqueur	£6 £3.70
<b>Sorbet</b> (vgn/gf/df), 2 scoops, from Doddington Dairy <b>Flavours:</b> Mango, Raspberry, Cherry	£6
<b>Ice Cream</b> from Doddington Dairy 1 scoop Each additional scoop <b>Flavours:</b> Caramel with Sea Salt, Chocolate, Double Ginger, Lemon Meringue, Strawberry, Vanilla	£3.75 £1.75
<b>Cheeseboard</b> Three cheeses, grapes, chutney, biscuits or gluten-free oatcakes	£10

### HOT DRINKS

<b>Pot of Tea</b> For One	£2.50
For Two	£4.50
<b>Flavours:</b> Breakfast (regular & decaffeinated), Assam, Earl Grey, Lady Grey, Lapsang Souchong, Camomile, Green, Peppermint	
<b>Hot Water with lemon slices</b>	£1
<b>Bovril</b>	£1
<b>Hot Chocolate</b>	£3.50
<b>Hot Chocolate with marshmallows</b>	£3.90
<b>Americano</b> , black	£2.50
<b>Add</b> milk, cold or hot	£0.30
<b>Cappuccino</b>	£3.00
<b>Double Espresso</b>	£2.50
<b>Flat White</b>	£3.00
<b>Latte</b>	£3.00
<b>Add</b> syrup – Hazelnut; Caramel; Gingerbread	£0.50
<b>Cordata Condensata</b> Espresso with equal measure of condensed milk	£3.50
<b>Liqueur Coffees</b>	
Barraquito (Licor 43, condensed milk)	£7.50
Gaelic Coffee (Grouse)	£7.50
Irish Coffee (Jameson)	£7.50
Friar's Coffee (Frangelico)	£7.50
Calypso Coffee (Tia Maria)	£7.50

**Note:** All our coffees are double shot. Please ask for a single shot if that is your preference.

We use organic semi-skimmed milk. Soya milk is also available.

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