

# EAT-IN MENU

Wednesday-Saturday

12-2pm & 5.30-7.30pm

THE PLOUGH INN



## STARTERS

<b>Pate</b> , smooth chicken liver (gf), oatcakes (gf), dressed salad garnish	£6
<b>Tonno e Fagioli</b> , tuna, cannellini beans & onion salad on lettuce, dressing (gf)	£6.50
<b>King Prawn Cocktail</b> , King prawns in a Marie Rose sauce, shredded lettuce, buttered bread, lemon wedge	£8
<b>Breaded Butterflied King Prawns</b> , sweet chilli sauce, dressed salad garnish	£6
<b>Breaded Haggis</b> , meat or vegetarian (vgn), blue cheese or sweet chilli sauce	£6
<b>Creamy Garlic Mushrooms</b> (v/gf), bread (gfo)	£6

## MAINS- FISH & MEAT

<b>Fish &amp; Chips</b> , Haddock from DR Collins of Eyemouth, Beer-battered (gf) or Breaded (gf), garden or mushy peas or salad, tartare sauce, lemon wedge	£13
<b>Scampi &amp; Chips</b> , small-6 pieces/regular-12 pieces, garden or mushy peas or salad, tartare sauce, lemon wedge	£8.50/13
<b>Chargrilled Butterflied Chicken Breast</b> , plain or Cajun (spicy), rice and dressed salad	£12
<b>Sausage &amp; Mash/Chips</b> , pork (gf) or venison, garden or mushy peas, onion gravy	£10
<b>Curry</b> , Korma (mild) or Jalfrezi (spicy), chicken or fish, pilau rice, naan	£10
<b>Pie &amp; Mash/Chips</b> - handmade pie from Jarvis Pickle of Eyemouth, garden or mushy peas Flavours: Chicken, Leek & Tarragon; Pork & Blue Cheese; Beef & Ale; Steak & Kidney	£12
<b>Homemade Chargrilled Burger</b> , with/without bun, chips, house coleslaw or salad - Beef with bacon and cheese (cheddar or blue) - Lamb Piri-Piri with hummus, lettuce and tomato - Chicken Breast, butterflied, plain or Cajun (spicy) with mayo, lettuce and tomato	£12
<b>Venison Burger</b> , made by RG Foreman of Norham, chargrilled, pan-fried mushrooms in a blue cheese sauce, with/without bun, chips	£12
<b>Lamb Shank</b> , in a red wine sauce, mash and a medley of vegetables	£14

## LIGHT LUNCHES

<b>Omelette</b> , three eggs, with one filling and dressed house salad	£8
Filling choices: cheddar, ham, mushroom, peppers <b>Additional filling</b>	60p
<b>Goats' Cheese &amp; Beetroot Salad</b> (v/gf), dressed salad leaves, radish, sweetcorn, peas, tomato, cucumber	£9

## SIDES

Buttered bread, two slices	£1.50
House coleslaw (v/gf)	£1.50
House salad, dressed (v/gf)	£3
Bowl of chips/fries (v/gf)	£3
Medley of vegetables (vgn/gf)	£4

## MAINS – VEGETARIAN & VEGAN

<b>Veggie 'Fish' &amp; Chips</b> (v/gf), Halloumi cheese, Beer-battered (gf), Breaded (gf) or 'Naked' (gf), garden or mushy peas or salad, sweet chilli sauce	£12
<b>Halloumi Burger</b> (v), gridled Halloumi cheese, pan-fried tomato and mushroom, with/without bun, chips, salad	£12
<b>Cheese Burger</b> (vgn), with/without bun, chips, salad	£12
<b>Sausage &amp; Mash/Chips</b> (vgn), garden or mushy peas, onion gravy	£10
<b>Curry</b> , Korma, mild, (v) or Jalfrezi, spicy, (vgn), vegetable, pilau rice, naan (v)	£10
<b>Pie &amp; Mash/Chips</b> - handmade pie from Jarvis Pickle, Eyemouth, garden or mushy peas Choose from: Spinach & Goats' Cheese (v); Cauliflower Curry (vgn); Mushroom & Chestnut (vgn)	£12

## PIZZA

<b>Homemade Pizza/Calzone</b> - rustic thin-crust, stone-baked with homemade tomato sauce and cheese	£7/£8
Topping choices:	Each
Vegetables – artichoke, mushroom, pepper, red onion, sweetcorn, tomato, black olives, capers, jalapenos	65p
Cheese – goats, blue	75p
Fish – anchovy, prawn, tuna	80p
Meat – chicken, ham, spicy pepperoni	80p

(v) vegetarian (vgn) vegan (gf) gluten-free (gfo) gluten-free option

Correct as at 14/7/21 and subject to availability

Please bear in mind that our food is not 'fast food'. Most items are cooked to order.  
If you have dietary requirements, please discuss them with us before ordering.

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### PUDDINGS

Fay's Fabulous Sticky Toffee Pudding (gf) with cream or ice cream	£6.50
Chocolate Brownie (gf) with cream or ice cream	£6
Chocolate Fudge Cake with cream or ice cream	£6
Affogato, a scoop of Doddington's Vanilla ice cream with an Espresso on the side to pour over	£5
Sorbet (vgn/gf), from Doddington Dairy, 2 scoops. Flavours: Blood Orange, Raspberry	£4
Meringue (v/gf) with fresh berries and cream	£5
Ice Cream, from Doddington Dairy, 1 scoop	£1.75
2 scoops	£3.25
3 scoops	£4.75
Flavours: Caramel with Sea Salt, Chocolate, Double Ginger, Lemon Meringue, Raspberry, Vanilla	
or	
Cheeseboard, Three cheeses, grapes, Doddington biscuits	£8

### HOT DRINKS

	Regular	Large
Pot of Tea for One	£2.20	
Pot of Tea for Two	£4	
Type: Breakfast (regular & decaffeinated), Earl Grey, Lady Grey, Peppermint, Camomile		
Hot Water with lemon slices	£0.50	
Bovril	£1	
Hot Chocolate	£2.50	
Hot Chocolate with marshmallows	£3	
Americano, black or with milk, cold or hot	£2.30	£2.60
Cappuccino	£2.50	£2.90
Espresso	£2.20	
Flat White	£2.50	£2.90
Latte	£2.60	
Cordata Condensata	£3	
Espresso with equal measure of condensed milk		
Barraquito (Licor 43)	£6	
Gaelic Coffee (Grouse)	£6	
Irish Coffee (Jameson)	£6	
Friar's Coffee (Frangelico)	£6	
Calypso Coffee (Tia Maria)	£6	

Our coffees are double shot. Please ask for a single shot if that is your preference.

We use organic semi-skimmed milk. Soya milk is also available.

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# EAT-IN MENU

Sunday

12.30-3pm

THE PLOUGH INN



## STARTERS

Pate, smooth chicken liver (gf), oatcakes (gf), dressed salad garnish	£6
Tonno e Fagioli, tuna, cannellini beans & onion salad on lettuce, dressed (gf)	£6.50
King Prawn Cocktail, King prawns in a Marie Rose sauce, shredded lettuce, buttered bread	£8
Breaded Haggis, meat or vegetarian (vgn), blue cheese or sweet chilli sauce (v)	£6
Breaded Butterflied King Prawns, sweet chilli sauce, dressed salad garnish	£6

## TRADITIONAL SUNDAY ROAST small/regular £7/£9.50

Choice of Roast Meat (gf) or Vegetarian Haggis (vgn) Roast Potatoes; Homemade Yorkshire Pudding (gf); Homemade Cauliflower Cheese (gf); Roast Parsnip; Medley of Vegetables; Gravy, served separately (v/gf)	
Scampi & Chips, small-6 pieces/regular-12 pieces, garden or mushy peas or dressed salad, tartare sauce	£8.50/13
Goats' Cheese & Beetroot Salad (v/gf), dressed salad leaves, radish, sweetcorn, peas, tomato, cucumber	£9
Lamb Shank in a red wine sauce, mash, medley of vegetables	£14
Sausage & Mash/Chips, pork (gf) or vegetarian (vgn), garden or mushy peas, gravy	£10
Pie & Mash/Chips - handmade pie from Jarvis Pickle of Eyemouth, garden or mushy peas Flavours: Steak & Kidney; Chicken, Leek & Tarragon; Pork & Blue Cheese; Beef & Ale; Mushroom & Chestnut (vgn); Cauliflower Curry (vgn); Spinach, Goats' Cheese & Sweet Potato (v)	£12
Chargrilled Butterflied Chicken Breast, plain or Cajun (spicy), rice and dressed salad	£12
Homemade Chargrilled Burger (gf), with/without bun (gfo), chips, house coleslaw or dressed salad - Beef with bacon and cheese (cheddar or blue) - Lamb Piri-Piri with hummus, lettuce and tomato - Chicken Breast, butterflied, plain or Cajun, with mayo, lettuce and tomato	£12

## PUDDINGS

Fay's Fabulous Sticky Toffee Pudding (gf) with cream or ice cream	£6.50
Chocolate Brownie (gf) with cream or ice cream	£6
Chocolate Fudge Cake with cream or ice cream	£6
Affogato, a scoop of Doddington Dairy's Vanilla ice cream with an Espresso on the side to pour over	£5
Ice Cream, from Doddington Dairy, Flavours: Caramel with Sea Salt, Chocolate, Double Ginger, Lemon Meringue, Raspberry, Vanilla	
1 scoop	£1.75
2 scoops	£3.25
3 scoops	£4.75
Sorbet from Doddington Dairy (vgn/gf), 2 scoops Flavours: Blood Orange, Raspberry	£4
Meringue (v/gf) with fresh berries and cream	£5
or	
Cheeseboard (v), three cheeses, grapes, Doddington biscuits	£8

(v) vegetarian (vgn) vegan (gf) gluten-free (gfo) gluten-free option  
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WIFI – SSID: PloughBar PW: bigdrink

# CHILDREN'S MENU

Wednesday-Saturday

12-2pm & 5.30-7.30pm

Sunday

12.30-3pm

THE PLOUGH INN



## Starters

<b>Hummus</b> (vgn/gf) with carrot sticks and cucumber slices	£3
<b>Pitta Bread Margherita</b> (v), homemade tomato sauce, cheese	£3

## Mains

<b>Homemade Chicken Goujons</b> (gf), fries, tomato and cucumber slices	£6
<b>Macaroni Cheese</b> (v), topped with tomato slices	£4
<b>Sausage &amp; Mash</b> , pork (gf) or vegetarian (vgn), with garden peas and gravy	£5
<b>Scampi</b> , fries, tomato and cucumber slices or garden peas	£6

## Puddings

<b>Fresh berries</b> (v/gf) with cream or ice cream	£3
<b>Chocolate Brownie</b> (gf) with cream or ice cream	£3
<b>Ice Cream</b> , from Doddington Dairy, 1 scoop Flavours: Vanilla, Chocolate, Raspberry	£1.75
<b>Sorbet</b> (vgn/gf), from Doddington Dairy, 1 scoop Flavours: Blood Orange, Raspberry	£1.75

## Drinks

<b>Glass of Milk</b>	50p
<b>Squash</b> , orange or blackcurrant	50p
<b>Fruit Juice</b> , carton, apple or orange	£1
<b>Hot Chocolate</b> with marshmallows	£2.50

(v) vegetarian (vgn) vegan (gf) gluten-free (gfo) gluten-free option

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